

What's Up AT CAMPUS MINISTRY

The New Millenium – Holistic Spirituality & Living in Hope

A Lunch time Workshop Series
Tuesdays 12-1 pm

AN EIGHT SESSION SERIES...

...designed to explore a variety of meaningful topics such as: the new synergy of science, spirituality & religion, self-esteem, dreamwork, inner child, body as sacred space, the art of decision making, transformational imagery & God's word.

EACH SESSION...

...will include a theoretical and experiential component – an incentive to further exploration...

BEGINNING OCTOBER 6, IN ANNEX Z,
ROOM 105.

For more information:
Micheline Bertone, SSA – 848-3591

Book Discussion Group: "Living Buddha, Living Christ" by Thich Nhat Hanh

An open, exploratory atmosphere in which to discuss this Vietnamese Buddhist monk's understanding, and our own, of the founders of two very spiritual traditions.

The group will meet Wednesdays at 3 pm, beginning September 23, in Annex Z (SGW), Room 105

For more information call:
Daryl Lynn Ross
848-3585



CAMPUS MINISTRY is a unit of Advocacy & Support Services, a part of Student Services

PRISON VISIT PROGRAMME

An eight week programme.

Orientation meeting: Monday, September 21 at 2 pm, in Annex Z, room 105.

Our maximum size is ten students. If you are interested contact either:
Matti Terho (848-3590) or ...
Peter Côté (848-3586) as soon as possible.

A Book Reading Group with David Eley, S.J.

Wednesdays from 4:30-5:30 pm

at Belmore House

(Loyola Annex - WF)

Beginning September 23.

The final decision on the book to be read will be made by the group.

For more information call:
David Eley, S.J. – 848-3587

OUTREACH EXPERIENCE

Do you want to...

- MAKE A DIFFERENCE?
- DISCOVER NEW GIFTS, TALENTS AND SKILLS?
- ADD MEANING AND JOY TO YOUR LIFE?
- BE AN AGENT OF HOPE?

Why Not...

VOLUNTEER SOME OF YOUR FREE TIME IN SERVICE TO, THE POOR, THE SICK, THE HOMELESS OF OUR CITY?

For More Information: Micheline Bertone, S.S.A.
SGW Annex Z Room 104 – 848-3591

Learning the ART of Focusing

Harmonizing Body, Mind and Spirit
An eight session workshop

Focusing is specific technique/a gentle process facilitating your getting in touch with your own body's capacity for wisdom, creativity and self-healing, owning your true self, identifying and dealing successfully with issues you have been carrying, discovering the body-feel of the spirit

When: Wednesdays, beginning October 7 – 1:30-2:30
Where: Annex Z (SGW), 2090 Mackay, Room 105

For more information: Micheline Bertone, S.S.A. – 848-3591

Mindfulness Meditation

being peace

Relaxing & Centering
Quieting and Concentrating the Mind
Attuning to the unity of body-mind-spirit

Wednesdays 12-1 pm, Annex Z (SGW) Rm 105

Thursdays 12-1 pm, Belmore House (Loyola)

Beginning September 23 & 24

For more information call:

Daryl Lynn Ross – 848-3585

Mother Hubbard's Cupboard

Once again Mother Hubbard is opening her kitchen to Concordia Students and their roommates or families.

Every Monday night of the semester, from 5-7 pm she is offering delicious home-cooked vegetarian meals.

The atmosphere is very friendly, the food is great, and the price is always right...

Donation: \$1

Mondays, 5-7 pm at Annex Z
(2090 Mackay)

Beginning September 21

For more information:

The Peer Helper Centre: 848-2859

Daryl Lynn Ross: 848-3585

MOTHER HUBBARD'S CUPBOARD IS CO-SPONSORED BY THE PEER HELPER PROGRAM AND CAMPUS MINISTRY AND UNDERWRITTEN IN PART BY THE SPIRIT OF CHRISTMAS FUND

Celebration...
Peace...

Prayer...

Eucharist

JOIN OUR COMMUNITY
DAILY AT 12:05 PM
SUNDAYS AT 11 A.M.

IN

THE LOYOLA CHAPEL

[NEXT TO THE ADMINISTRATION BUILDING.]



Multi-faith Festival 1998 The Spirit Has Many Voices

Tuesday, October 20th – 10:00 a.m. to 4:30 p.m. on The Mezzanine with Special Events throughout the day in the D.B. Clarke Theatre!

Exhibits from many faith traditions
EXPRESS YOURSELF – Art & Spirituality
Instruction in Meditation
Student panel discussion
Music from many traditions
Video screenings

FOR MORE INFO CALL – 848-3588

A Fall Retreat at the Trappist Monastery at Oka OCTOBER 30-NOVEMBER 1, 1998

Join us...

...and experience the monastic

rhythm of prayer and worship

...enter an oasis of peace and tranquility

...have the opportunity to enjoy quiet walks, conversation and space

...meet others who want to explore the spiritual dimension of their lives.



THE COST IS \$50. (\$65. NON-STUDENTS)

THE REGISTRATION DEADLINE IS OCTOBER 22

If you are interested call:

CAMPUS MINISTRY – LOYOLA CAMPUS – 848-3588